

ESPECIALIDADES SALVADORENAS

(Servido con arroz o frijoles, ensalada y 2 tortillas
Served with rice or beans, salad and 2 Tortillas)

Carne Asada 13.95
Grilled top Sirloin

Bistec Salvadoreño 11.75

Top Sirloin topped with tomatoes, Onions and Spices

Mojarra Frita 13.95
Whole Fried Fish

Pollo Frito 10.75
Fried Chicken

Pollo Encebollado 10.75
Chicken sautéed with onions

Salpicón 10.75
Minced Beef

Carne desilada 10.75
Shredded Beef

Mar Y Tierra 14.95
Combination of grilled sirloin and 3 Prawns

Rellenos de Pacaya 10.95
Stuffed Salvadorian Vegetable

Pollo Guisado 10.95
Chicken stew

Pollo en crema 10.95
Chicken in cream sauce

Chile Relleno 11.95
Bell Pepper stuffed with cheese

Rellenos de Ejote 11.95
Stuffed Green Beans

Fajitas de Pollo 12.95
Chicken Fajitas

Metapan Especial 30.00
Carne Asada, Filete de Pescado, Camarones y Pollo
- Roasted Beef, Fish Fillet, Shrimps and Chicken

Filete de Pescado Empanizado 12.95
Breaded Fish Fillet

Coctel de Conchas or Camaron- 14.00
Cocktail of shells or Shrimps

Filete de Pescado a la Plancha 12.95
Grilled Fish Fillet

Camarones Empanizadas 12.95
Breaded Shrimp

Camarones Rancheros 12.95
Prawns Sautéed in Fresh Tomatoes, Onions and Spices

Camarones al Mojo de Ajo 12.95
Garlic Marinated Shrimp

ORDENES EXTRAS SIDE ORDERS

Arroz - Rice 2.00

Frijoles Salvadoreños 2.00
Salvadorian Beans

Platanos - Plantains 4.00
Tortilla 0.25

Queso o Crema 1.25
Cheese or Sour Cream

Papa Fritas 3.00
French Fries

FRESCOS NATURALES Y BEBIDAS

Horchata 3.00/5.00/7.00

Tamarindo 2.50/4.00/6.00

Piña 2.50/4.00/6.00

Jugo de Naranja natural 3.50

Cola Champagne 2.50

Coca Cola - Lata=2.00

Coca Cola Importada 2.50

Orange 2.00

Sprite (Lata) 2.00

Café (free refill) 2.00

Te 2.00

Leche 2.00

Chocolate 3.25

Sigenos en Facebook



Pupuseria Metapan

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San Francisco, CA 94112

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BUSINESS HOURS

Monday thru Thursday
10:00 am to 10:00 pm
Friday thru Sunday
10:00 am to 3:00 am

WE ACCEPT CREDIT CARDS
ACEPTAMOS CREDIT CARDS



Los precios pueden ser cambiados sin previo aviso
Prices will be change without previous notice

ANTOJITOS

Pastelitos de Pollo o Carne (2) 5.00

Chicken or Beef Turnover

Atol de Elote 3.75

Hot Corn Beverage

Pastelitos de Puerco (2) 5.00

Pork Turnover

Yuca con Chicharon 8.50

Yucca with Fried Deep Pork

Empanadas de leche y frijol (2) 5.00

Milk and Beans Empanada

Tamal de Elote con Crema 3.00

Tamale served with Sour Cream

Panes con Pollo 8.50

Salvadorian style stuffed bread with turkey, water chest, cucumbers, radish. Lettuce and tomatoes

Chilate con Nuegados de Yuca, Platanos en Miel y Torrejas 7.50

Cream of corn with black peppers, fried Plantain and yucca drizzled in brown sugar

DESAYUNOS BREAKFAST

(SE SIRVEN CON FRIJOLES Y CREMA
SERVED WITH BEANS AND SOUR CREAM)

Platanos Fritos 8.50

Fried Plantains

Huevos Rancheros 8.50

Fried eggs over easy Mexican Style

Chorizo con Huevos 8.50

Sausage with eggs

Huevos Revueltos 8.50

Scrambled eggs

Huevos con Jamon 8.50

Ham & Eggs

Huevos Estrellados, 8.95

con platanos

-Eggs over easy served with plantains

OMELETES

OMELETTES

(SERVIDOS CON ARROZ Y FRIJOLES
SERVED WITH RICE AND BEANS)

Jamon y Espinaca 8.95

Ham and Spinach

Camarones 11.75

Shrimps

Jamon y Queso 8.50

Ham & Cheese

TAMALES

Tamal de Pollo, Casamiento y Crema

Chicken Tamale 7.95

Tamal de Elote con Crema 3.00

Corn Tamale served with sour cream

Tamal Pisque 3.00

Pisque Tamale

Tamal con frijol y arroz or
casamiento 7.95

Corn Tamale, with beans and rice.

Tamal de Puerco 3.00

Pork Tamale

SOPAS - SOUPS

Sopa de Res 10.95

Beef Soup

Sopa de Gallina India 11.75

Salvadorian Hen Soup

Sopa Mariscada 25.00

Seafood Soup

Sopa de Camaron 13.95

Shrimp Soup

Sopa de Pata 10.25

Cow's Feet's Soup

1/2 Sopa de Res, Pollo, o Pata 8.75

con 2 Tortilla - 1/2 Soup with tortilla

Sopa de Pollo 9.95

Chicken Soup

Sopa de Pescado y Camaron 13.95

Fish & Shrimps Soup

PUPUSAS

Pupusa De Queso - Cheese Pupusa 2.00

Pupusa De Queso Con Loroco 2.00

Cheese With Loroco Pupusa

Pupusa Frijoles Con Queso 2.00

Beans With Cheese Pupusa

Pupusa De Chicharron Con Queso 2.00

Deep Fried Pork With Cheese Pupusa

Pupusa De Zuquini con Queso 2.00

Zucchini with cheese Pupusa

Pupusa De Chicharron 2.00

Deep Fried Pork Pupusa

Pupusa Con Frijol - Beans Pupusa 2.00

Pupusa De Frijol y Chicharron 2.00

Beans and Deep Fried Pork Pupusa

Pupusa Revuelta 2.00

Mixed Pupusa - Frijol, Queso y Puerco - Beans,
Cheese and Pork

Pupusas (2) y Pequeña Sopa de Pollo, Res
o Pata 11.00

Pupusas (2) and Small Chicken, Beef or Feet Soup

Pupusas (2) con Arroz y Frijol 8.75

Pupusas (2) with Rice and Beans

Pupusa de Pollo 2.50

Chicken Pupusa

Pupusas de Camaron - 3.50

Shrimp Pupusa

Pupusa Obama 2.50

Hecha de Maiz Negro

Pupusa Made from Black Corn

Pupusa Loca 4.00

Queso con Loroco, zuquini y camaron - Cheese with
Loroco; Zucchini and shrimps

Pupusa de Espinaca - Spinach Pupusas 2.00

Pupusa de Aguacate y Queso 2.50

Avocado and Cheese Pupusa

Pupusa de Jalapeño y Queso 2.00

Jalapeno with cheese Pupusa

Pupusa de Requeson 2.50

Pupusas de Zanahoria 2.50

Add 0.25cts for any additional ingredient